

## Charity Run of Caritas Macau 2022 Virtual Running Category Rules and Regulations

- 1、 **Organizer:** Caritas Macau
- 2、 **Objective:** To continue the spirit of Charity Run of Caritas Macau, we hope to encourage more people to participate in the sport of running. By breaking down the time and location restrictions and reducing crowd gathering, we also aimed to promote integration of persons with and without disabilities as well as to facilitate parent and child harmony. All the donations raised from this event will go directly to Caritas Macau for the development of charity services.
- 3、 **Enrolment period:** From now onwards until enrollments reach maximum limit
- 4、 **No. of participants:** 2500 participants
- 5、 **Important Notice for Enrollment:**
  - 5.1 All participants shall join through virtual running. The entry fee for each participant in Challenge Run, Healthy Run and Easy Run is MOP160 respectively. For Family Category, the entry fee for each adult is MOP160, while for each child or adolescent is MOP100. Participants are welcomed to invite friends or family members to sponsor and support this meaningful event together.

Category	Challenge Distance	Participants	Date of Virtual Running
Challenge Run	10 Km	15 years old or above	30 <sup>th</sup> October, 2022 at any venue completed the specified distance
Healthy Run	5 Km	12 years old or above	
Easy Run (See Remark 1)	2 Km	Anyone (Family, People with physical disabilities or leisure walking are welcome)	

**Virtual Running:** All participants shall complete the required challenge distance within the specified date and provide photo(s) for proof by running app, running watch or running device, screen on the treadmill etc. to collect the souvenir. Participants of Easy Run can submit walking data.

- Remark 1:**
- Family: At least 2 persons in a group.
  - People with physical disabilities: To encourage people without physical disabilities to accompany people with disabilities to run together. Please invite and encourage people with disabilities around you to participate.
  - Leisure Walkers: Suitable for people who enjoy leisure walking. Elderly are encouraged to participate.

- 5.2 Participants who are able to complete the required distance within the time limit will be awarded with a commemorative T-shirt, finishing medal and a towel.  
(Supply points shall be located at Guia Hill Fitness Trail, Leisure Area on Taipa Waterfront, NAM VAN Anim'Arte, Reservatório Park and Macao Science Center Square for participants and collection of souvenirs.) \* The exact location of the supply points shall be advised.
- 5.3 This event is for charitable causes and not a contest. Please pay special attention to your physical conditions and do not attempt to exceed your physical capacity.
- 5.4 When Rainstorm Warning Signal or Tropical Cyclone Signal No.3 or above is in force on the day of the event, it will be postponed until further notice to be announced by the organizer.

## 6. Enrolment Method

1) Fill in the enrolment form, enclose the entry fee with the form and submit them to the following locations.

Location	Address	Office Hour	Contact Number
Caritas Macau	Largo de Sto. Agostinho No. 1-A,	Mon to Sat 9:00~18:00	28937596
Biblioteca da Caritas	Rua Pedro Coutinho, No. 64, Cave Edf. Tong Fong Garden	Mon to Sun 12:00~22:00	28713270
Centro Pastoral da Areia Preta	Bairro Iau Hon, Rua Dois, No.2 Edf. Iau Tim, R/C Hac Sac Van	Mon to Fri 09:00~22:00 Sat 09:00~18:00	28341924
Centro de Cuidados Especiais Longevidade	Rua de Braganca, Jardins da Nova Taipa, Bloco 28, Edif. Crisantemo, R/C e Sobreloja, Taipa	Mon to Sat 9:00-18:00	28842577

2). Through ATM or bank deposit of Bank of China 1801-012-078618-87 (MOP)  
Luso International Banking Ltd 10212-100237-7 (MOP)

Please complete the enrolment form, enclose it with the ATM or bank deposit slip and fax to: 28554049 or email to: [charityruncm@gmail.com](mailto:charityruncm@gmail.com). We will reply by SMS to confirm upon receipt.

3). Scan QR Code and complete the enrolment form by mobile phone. You can pay the entry fees or donations through “Mpay” or “EasyTransfer” (FPS ID12885653).

7. In case of any dispute regarding the rules and regulations, the organizer reserves the right of final decision and interpretation.



Caritas Macau's Facebook



Mobile Enrolment



Mpay



EasyTransfer

For enquiries: 2893 7596, 2871 3270